

TCR



A new, fun, group activity featuring tactical drilling and games to give players of all ages and abilities an ultimate, high-energy workout and competitive edge on-court .



**Get fit,
have
fun!**

Get in shape and burn calories – Fun, Fast, and Fit!
Cardio Tennis can help you stay fit for life!

1 hour class: \$35 for members \$40 for non-members
Member 10 Pack: \$300 Non-Member 10 Pack: \$350
Advanced sign-up and confirmation contact required, 6 max per court

Please select preferred day(s) & time(s):

Tuesday..... 7:30 AM 9:00 AM 10:00 AM 12:00 PM 7:00 PM 8:00 PM
Thursday..... 7:30 AM 9:00 AM 10:00 AM 12:00 PM 7:00 PM 8:00 PM
Sunday..... 8:00 AM 1:00 PM

Name: _____ Email: _____ Member #: _____

Address _____ Apt No.: _____ Town _____ State _____ Zip _____

Home phone _____ Work phone _____ Cell phone _____

PAYMENT METHOD:

Amex Visa Master card Discover CASH CHECK

CARD # _____ EXP. DATE _____

..... Official Use Only

Enrolled by: _____ Date: _____ Placed _____

SIGN UP FOR CARDIO TENNIS TODAY!
718-796-9099 Richard@tcr-nyc.com